

17 Days
Russia, Scandinavia
& Iceland



Web: www.7mtours.com | Email: info@7mtours.com

7M Tours – 2019 Travel Series - International

17 Days Russia & Scandinavia with Iceland | Daywise Itinerary



Day 01 : Departing to Russia

Depart from USA for Moscow for your exciting Russia & Scandinavia with Iceland tour. Russia's capital and largest city, Moscow is home to more than 10 million people, making it the most populous European city. Nearly 50 bridges span the Moskva River which flows through the city. Founded in 1703, St. Petersburg was the capital of the Russian Empire for more than 200 years. Finland's capital and largest city, Helsinki, is spread across a number of bays and peninsulas and over a number of islands. Denmark consists of 406 islands, including the, and is located between the North Sea and the Baltic. Denmark has long been a center of cultural innovation. Explore Norway and experience a truly unique country bursting with character. Rich in adaptive arts and deep-rooted culture, Norway's natural beauty may be its greatest attribute. From sky to sea, Norway is immersed in the pristine natural splendor of the northern lights, snow-covered mountains, countless fjords, and midnight sun. No matter your travel expectations, Norway will exceed them. Visit Sweden, a country teeming with diverse locations. Sixty percent of the country lies north of the Arctic Circle and flaunts mountains, rivers, and forests. The Swedes live a simple life, valuing equality and self-reliance. Visit Iceland: Iceland is an island of 103,000 km² (39,756 sq.miles), about one-third larger than Scotland or Ireland. Its highest peak, Hvannadalshnjúkur, rises to 2,119 m and over 11 percent of the country is covered by glaciers, including Vatnajökull, the largest in Europe.



Day 02 : Arrival in Moscow (Russia)

Arrival in Moscow. On arrival in Moscow you will be met by our friendly representative who will escort you to your hotel. Panoramic City Tour: This tour is a great start to your trip and the best way to get acquainted with many of the city's major highlights. Our professional guide will escort you on a route that

includes Vorobyovy Hills where you will get an incredible view of the city from an observation point, you will proceed to Moscow State University which is an example of architecture from the time of Stalin and one of Russia's leading schools of higher education, then on to Novodevichiy Convent, the Diplomatic Village, Victory Park, the Triumphal Arch, Kutuzovsky Prospect, the Arbat and much more. Later in the evening, see the world famous Russian Circus. For over two centuries circus has been an important part of Russia's rich cultural heritage. (Meals: B, L, D)



Day 03 : Moscow – Guided City Tour – Kremlin – Red Square

After an American buffet breakfast at the hotel, proceed on a guided city tour with a local English-speaking guide. Explore the Kremlin Grounds, St. Basil's Cathedral and see the Patriarch's Palaces in Moscow. The small city in the center of Moscow, once the residence of Czars and Patriarchs, contains Russia's main Cathedrals, Assumption Cathedral, Archangel's Cathedral and the Deposition of the Robe Cathedral. Also visit the Patriarch's Palace - a museum of seventeenth-century life and applied art, displaying ecclesiastical regalia, period furniture, gold and silver ware from Russia and Western Europe. The palace dates back to 1640 and incorporates the Church of the Twelve Apostles, which was the private place of worship for the patriarchs. Next, experience the Metro, the most reliable and rapid transport system, connecting the central part of the city with industrial, residential areas and neighboring towns. Moscow metro is the world's leader in the volume of traffic and reliable transportation. You have some time at leisure to explore Moscow on your own. (Meals: B, L, D)



Day 04 : Moscow to St Petersburg (by high-speed train – Sapsan) - Cruise on River Neva

After a buffet breakfast at the hotel, check out and proceed to the train station to board the new high-speed train "Sapsan" to St

Petersburg. This train, which was introduced on December 12, 2011, gets you to St. Petersburg in less than 4 hours. Arrive into St. Petersburg – “Venice of the North” and check into the hotel. Later, enjoy a cruise on the Neva River. It is one of the best ways to view the majesty of the St. Petersburg 18th century architecture and craftsmanship. The cruise will expose you to the magnificent panorama and stunning sights of this great city. It will pass under the main bridges of St. Petersburg which will unfold the city’s history and its legends connected with the waterways. (Meals: B, L, D)



Day 05 : City Tour of St Petersburg - Visit the Hermitage Museum

After an American buffet breakfast at the hotel, proceed on a guided city tour with a local English-speaking guide. Visit the Grand Palace, to be amazed with its fascinating & elaborate interiors. The world-famous Palace, Fountain and Park ensemble of Peterhof shines forth as a glittering landmark of Russia’s aesthetic culture in the 18th and 19th centuries. Its wonderful parks, 176 fountains of various forms, majestic palaces, numerous gilded statues of ancient gods and heroes, paintings and works of art and culture make Peterhof a veritable gem of art, often called the 'Capital of Fountains,' unique in the world. In the afternoon, visit the celebrated Hermitage Museum, one of the most important museums in the world. It houses a fabulous collection of nearly three million works of applied art, archaeological finds, coins, graphic art and paintings in six different buildings. See the St. Isaacs Cathedral, Nevsky Prospekt, the Rastrelliesque Stroganov Palace, the neoclassical Kazan Cathedral, the Russian National Library, the Statue of Peter the Great, the Peter & Paul Fortress, Summer Garden, Smolny Cathedral and many more sights. Later, get set to enjoy the spectacular world famous Russian Ballet. (Meals: B, L, D)



Day 06 : St. Petersburg – Helsinki (Finland) by high-speed train – Allegro

After breakfast proceed to Helsinki. Meet a guide and coach at railway station and proceed on a guided city tour with a local

English-speaking guide. Visit Modern Finlandia Hall, the leading congress, event and entertainment venue in Finland; Sibelius Monument - dedicated to the Finnish Composer, Jean Sibelius, consisting of series of more than 600 hollow steel pipes welded together in a wave-like pattern; Helsinki Cathedral - the impressive green-domed Lutheran Cathedral which dominates Senate Square and the Helsinki skyline; the unique Rock Church - built entirely underground with a ceiling made of copper wire; and the Market Square, bustling with activities with vendors selling fresh food and souvenirs. Later, proceed to the small town of Porvoo a small Finnish town situated on the southern coast of Finland and east of Helsinki. The town is famed for its "Old Town" (Gamla Stan in Swedish), a dense mediaeval street pattern with predominantly wooden houses. Its picturesque city center of wooden houses is a proposed UNESCO World Heritage Site. (Meals: B, L, D)



Day 07 : Helsinki – Stockholm (Sweden) by Viking Line Cruise

Breakfast served at the hotel, Check out hotel. Take JT Line boat to Suomenlinna. (About 25 min). ATTN: This is not a private boat. Your local guide meets at Suomenlinna at the pier. Tour to Suomenlinna for 45min – 1 hour. Some free time on own after the guided tour. Take a boat back to city. Stroll around in the Esplanade Park situated in the heart of Helsinki. The Esplanade is a protected area that is culturally and historically important. The park serves as a promenade for tourists and a place to relax for city people. The park is located nearby market square. Transfer to pier Viking Line and check in. Overnight on-board Viking Line inside cabin. (Meals: B, L, D)



Day 08 : Arrive Stockholm - Stockholm City Tour

Breakfast served on board. Arrive at Stockholm in the morning by Viking Line, meet and assist by local guide at Stockholm pier. Take sightseeing tour with private guide and coach. Proceed for City sightseeing tour in Stockholm including a photo stop at Fjällgatan for a beautiful view over Stockholm, a walk through the Old Town to the Royal Palace, built in 1754, for an outside look (change of guards if time allows), Entrance to City Hall and Vasa Museum.

After lunch, visit Icebar. At -5 degrees all year round, you are guaranteed an experience cool in every way. (Meals: B, L, D)



Day 09 : Stockholm - Drottningholm Palace

Breakfast at hotel. Meet a guide and coach at hotel and transfer to Drottningholm Palace. Entrance to Drottningholm Palace and guided tour for 40-45 min. (Including entrance of Palace) .Some time for photographing, walk in the garden. Transfer to Skansen for Entrance. Visit to Skansen Park (Entrance included)—many start to close around 16:00/17:00. Main entrance closes at 1800. Free time in the city center for shopping. The Skansen museum in Stockholm is the world's oldest open-air museum. At the Skansen museum, you will find the history of Sweden shown both in historical buildings as well as intriguing crafts displays. (Meals: B, L, D)



Day 10 : Stockholm – Oslo (Norway) by Coach

Breakfast at the Hotel. Transfer to Oslo from Stockholm by Long distance coach (approx. 7h). Oslo is the economic and governmental center of Norway. The city is also a hub of Norwegian trade, banking, industry and shipping. It is an important centre for maritime industries and maritime trade in Europe Arrive in Oslo, check in at your hotel. (Meals: B, L, D)



Day 11 : Oslo - Geilo by Coach

Breakfast at the Hotel. Meet coach and guide at the hotel lobby and take city sightseeing in Oslo. City sightseeing including Vigeland Park, Parliament Square, outside look of the Royal Palace, National Galleries, Karl Johan Shopping Street, City Hall, Akershus Castle, the Norwegian Defense Museum. Photo stop at the ski

jump Holmenkollen. Entrance to Viking Ship Museum. After lunch, transfer to Geilo by long distance coach (approx. 4h) Arrive in Geilo, check in at your hotel and dinner at the hotel. (Meals: B, L, D)



Day 12 : Geilo - Bergen

Breakfast at the hotel. Transfer to Geilo railway station. Take NSB train to Myrdal. Take Flambana train to Flam. Take boat trip to Gudvangen. The Norway in a Nutshell trip takes you through some of Norway's most beautiful fjord scenery. You can experience the scenic Bergen Railway, the breathtaking Flåm Railway, the Aurlandsfjord, the narrow Nærøfjord and the steep hairpin bends of Stalheimskleiva (May-September). Meet coach in Gudvangen and transfer to hotel in Bergen. (Meals: B, L, D)



Day 13 : Bergen – Copenhagen (Denmark) by flight

Breakfast at the hotel. Take 3 hours city sightseeing in Bergen. Sightseeing tour including the famous Bryggen Harbor with its gabled pack houses, the old Hanseatic Quarter, and the historic Maria Church. Ride on the funicular to Mt. Fløyen for panoramic views of the city and fjords way below. Visit the picturesque fish market. After lunch transfer to airport to take a flight to Copenhagen. Arrive in Copenhagen, meet assistant and coach, and transfer to hotel. Enjoy time on own in Tivoli garden, transfer to dinner. (Meals: B, L, D)



Day 14 : Copenhagen

Breakfast at the hotel. Start with a city tour where you will see all the major sights of the Danish Capital. First, we drive the scenic route north along the coast of Denmark paralleled by Sweden, through fashionable resorts and exclusive residential areas. This is

a great way of seeing the castles and the countryside north of Copenhagen. Kronborg Castle stands at the seaward approach to the Oresund Sound. It's one of northern Europe's best preserved Renaissance castles which is made famous all over the world, by Shakespeare's Hamlet. On the tour back, you make a stop at Frederiksborg Castle, where you have time to explore the Castle's gardens or the small market town of Hillerød, where the castle is perfectly situated. Lunch at restaurant. Afternoon sightseeing continues with Ny Carlsberg Glyptotek and drive through the colorful canal district, past the National Museum and past Christiansborg Palace, home to the Danish Parliament. Continue past the harbour district of Nyhavn to Amalienborg Palace - winter residence of the Royal Family, where you may have the opportunity of seeing the changing of the Danish Royal Guard. This is followed by a visit to the Gefion Fountain and The Little Mermaid, inspired by Hans Christian Andersen's fairytale. End of sightseeing, transfer to shopping area. (Meals: B, L, D)

movements which have opened various cracks and fissures in the earth's crust and it was here that the Icelandic Parliament was founded in the 10th century. From Thingvellir continue to the geothermal area of Geysir where the hot spring Strokkur ejects its water column high into the air every 5 – 10 minutes and where numerous small springs boil and bubble. Afterwards there is only a short drive to Gullfoss, which many regard as Iceland's most beautiful waterfall. Return to Reykjavik. (Meals: B, L, D)

Flight	Destination	Sched	Board	Gate	Remarks
VA8488	Auckland	1630	1610	16	Now Departs at 16:30
VA7761	Blenheim	1625	1610	19	
VA8054	New Plymouth	1635	1620		Cancelled
VA8498	Auckland	1700	1640	24	

Day 17 : Departure from Reykjavik

This morning, after an American buffet breakfast / boxed breakfast, check out of the hotel and proceed to the airport for your flight back home. Return home with wonderful memories of your holiday with us. (Meals: B)



Day 15 : Copenhagen – Reykjavik (Iceland)

Breakfast at the hotel. Transfer to airport to take a flight to Reykjavik. Arrival at Keflavik Airport. Meet assistant and coach and transfer to Reykjavik in Iceland. For today we take a tour of the lunar landscape found on Reykjanes Peninsula with a visit to the famous Blue Lagoon. You can drive through Krisuvik and visit Seltun Geothermal area, and enjoy stop at Reykjanesviti lighthouse. To top off the day you can take a relaxing bath in the Blue Lagoon's geothermal warm water. Return to Reykjavik. (Meals: B, L, D)



Day 16 : Reykjavik – The Golden Circle

Breakfast at the hotel. The Golden Circle (driving distance approx. 250 km). Today we recommend you drive the "Golden Circle" which takes you to three of Iceland's most famous sites; Thingvellir National Park, Geysir Area and Gullfoss Waterfall. Thingvellir is a UNESCO World Heritage Site and one of the geological wonders of the world. There you can see the effects of the tectonic plate

17 Days Russia & Scandinavia with Iceland | Highlights & Visa Information

Sightseeing & Excursions

Moscow (Russia)

- Moscow – 02 nights stay
- See the stunning Russian Circus
- Guided City Tour of Moscow
- Experience the Metro – a mass rapid transport system
- Visit the Patriarch’s Palace

St. Petersburg (Russia)

- St. Petersburg – 02 nights stay
- Cruise on the Neva River
- Guided City Tour of St. Petersburg
- Visit the Hermitage Museum
- Spectacular Russian Ballet

Helsinki (Finland)

- Helsinki – 01 night stay
- Guided City Tour of Helsinki
- Visit the Tempelliauki Church & the Uspenski Cathedral
- Visit the marvelous Sibelius Park
- Visit the Town of Porvoo
- Gamla Stan – “Old Town” in Porvoo

Viking Cruise Line – Helsinki to Stockholm

- Enjoy 01 night aboard the Viking Line cruise from Helsinki to Stockholm with overnight stay

Stockholm (Sweden)

- Stockholm – 02 nights stay
- Guided City Tour of Stockholm
- Visit the impressive City Hall, famous for Noble Prize banquets
- Visit the Vasa Museum
- Visit the Drottningholm Palace, enjoy view from the Fjallgatan View Point
- Visit the Skansen Park – an open air Museum and Zoo

Oslo (Norway)

- Oslo – 01 night stay
- Guided City Tour of Oslo
- Visit the Viking Museum
- Visit the Holmenkollen Ski Jump
- Visit the magnificent and unique Vigeland Sculpture Park
- Spend time at Karl Johan Street

Geilo (Norway)

- Geilo – 01 night stay

Bergen (Norway)

- Bergen – 01 night stay
- Guided City Tour of Bergen
- Funicular ride to Mt. Floyen
- Norway in a Nutshell
- Cruise on the Aurlandsfjord and Naeroyfjord
- Ride the Flam Railway
- Visit Myrdal

Copenhagen (Denmark)

- Copenhagen – 02 nights stay
- Guided City Tour of Copenhagen
- Visit the Gefion Fountain – the largest monument
- See the Little Mermaid – an icon
- Visit the Christiansborg Palace
- Visit the Carlsberg Brewery
- Visit Tivoli Gardens – Scandinavia’s best Amusement Park

Reykjavik (Iceland)

- Reykjavik – 02 nights stay
- Visit the famous Blue Lagoon at the Reykjanes Peninsula
- Reykjanesviti Lighthouse
- The Golden Circle - Thingvellir National Park, Geyser & Gullfoss Waterfall, a *UNESCO World Heritage Site* and one of the Geological Wonders of the World

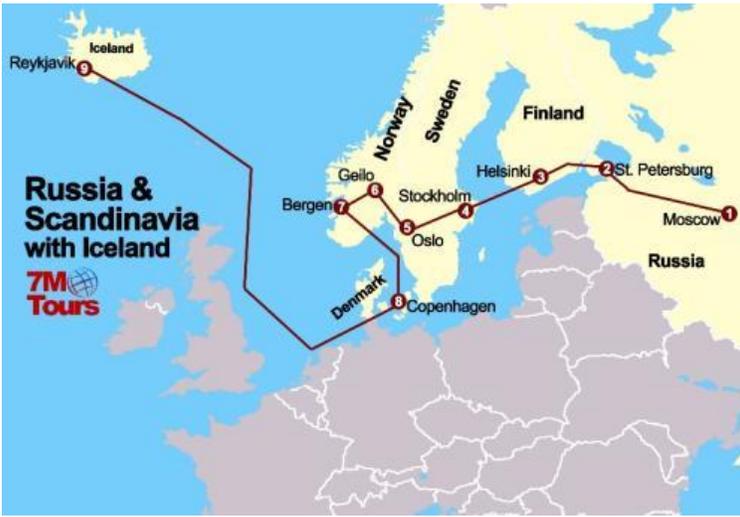
Visa Information

Country	US Citizen Only	Visa Cost (Embassy Fee + processing charge)	Green Card (Indian Nationality)	Visa Cost (Embassy Fee + processing charge)
Russia	Required	USD \$ 280	Required	USD \$ 280
Scandinavia	Not Required	N/A	<i>Schengen Visa*</i> Required	USD \$ TBA

***NOTE: The Schengen Visa is valid for travel into Finland, Sweden, Norway and Denmark**

17 Days Russia & Scandinavia with Iceland | Package Details

Map



Cost Per Person (in USD \$ Dollars)

USD \$ **0000.00** Per person based on **DBL** occupancy

Contact 7M Tours for Quote Information

Tour Inclusions (per person)

- Deluxe 4-star Hotel Accommodation
- International / Domestic airfare
- All Transportation as mentioned in the itinerary.
- All Sightseeing and Events mentioned in the itinerary.
- All Entrance Tickets as per the itinerary.
- Daily Breakfast, Lunch and Indian Dinner as per the itinerary.
- Taxes

Exclusions (Not Included items)

- Tips
- Porterage
- Water Bottles
- Baggage handling and airline Baggage Charges
- Cost of Visa for USA citizen only (7M Tours is not responsible for rejection in Visa by consulate)
- Anything not included in the package
- Any tours, transfers or event tickets not mentioned in package
- Travel and medical Insurance to participate in tour.
- Meals other than what is mentioned in your itinerary.
- Any expenses of personal nature such as laundry, shopping, wines, mineral water, food and drinks not in the regular menu provided by us, mini bar, telephone calls, pay channels etc.
- Cost of excursions, city sightseeing, entrance fees and local guides availed of by the passengers, other than that mentioned in 'Inclusions'

Hotel Information (listed below or similar)

City (Area)	Ngts	Hotel listed or similar
Moscow	02	TBA
St. Petersburg	02	TBA
Helsinki	01	TBA
Viking Line	01	Onboard Viking Line Cruise
Stockholm	02	TBA
Oslo	01	TBA
Geilo	01	TBA
Bergen	01	TBA
Copenhagen	02	TBA
Reykjavik	02	TBA
Total Ngts:	15	

Basic Information

- ✓ Check-In Time at 4pm | Check-Out Time at 11am
- ✓ Breakfast Time (as provided at hotel): 6:30am-9:30am
- ✓ NOTE: Incidental charges and/or any additional menu items must be paid by client.

Flight & Visa Terms & Conditions

- **Preferred Seating by Airline:** 7M Tours can only request to the airline(s) for preferred seats, however, this is *as per their policy* and *at their discretion*. We don't guarantee any preferred seats.
- **Special Assistance/Disabled/Handicapped & Wheelchair Access:** 7M Tours can only request the Airlines for wheelchair assistance, however, we cannot provide or guarantee wheel chair assistance on any International or Domestic Airlines.
- **Air Tickets:** Once Air Tickets have been booked, they are NON-REFUNDABLE under any circumstances.
- **Visa Status/Application:** 7M Tours is not responsible for any Visa application process and will not be held liable for any charges due to errors in application or rejection of any Visa.

Insurance Information

You can check out the following information about getting Insurance individually or as a group: https://www.insuremytrip.com/l/travel-insurance-2/?linkId=30002&gclid=EA1aIQobChMI5dfah6PC2glVWR0rCh0qoA8tEAAAYSAAEgL3a_D_BwE

Cancellation Policy

- **Land Cost**
 - 45-90 days prior to departure – 50% refund
 - Within 45 days prior to departure – NO REFUND
- **All Airlines:** There is NO REFUND. No exceptions.
- **International Airlines:** NO REFUND, however, can try to get a credit for up to 01 year after deduction of cancellation/reissue charges, depending on Airline that flight was booked. Domestic Airlines in other countries will not issue refund or give credit of any kind.

Package Terms & Conditions

Surcharges will apply if any tradeshow, fair, special event or concert is being held at the applicable city during travel. 7M Tours reserves the right to use alternative accommodation, sightseeing tours and transfer of equal or higher standards. No refunds either in part or full will be made for any unused services in above package like ground transportation, meals, accommodation, sightseeing tours. 7M Tours will not be held responsible for any missed breakfast, lunch or dinner due to flight timings. No Intercity surface transfers are included unless specified in the package. 7M Tours will not be held liable for any baggage charges or any other charges by any airline(s) for the clients. Payment for the tour must be made as per the invoice & payment terms and conditions. Changes to any part of the agreed itinerary cannot be made once partial and/or full payment has been made to 7M Tours. The Tour Itinerary will not start on a weekend unless previously arranged by 7M Tours.

Booking Conditions for International Travel

Each traveler is required to fill out a Disclaimer Form, duly sign in and return along with a copy of the valid passport (Photo page for US Citizen).

- Meals: The location and menus are pre-set for the meals provided on the tour. We reserve the right to change the location and the menu under events which occur beyond our control.
- Hotels/Villas: We tend to select hotels which are more comfortable after a long day of sightseeing. All baggage and personal belongings are at all times and under all circumstances your responsibility. 7M Tours will not be responsible or liable in case of loss / breakage of such items from the hotel/villa or transit all along the duration of tour. The company is not liable for any damages done to the room or the hotel/villa during your stay there.

- Transportation: We use air-conditioned/air-cool luxury coaches for ground transportation. No seat numbers will be allocated, and daily seat rotation will be done as to be fair to every traveler. The tour manager has the final authority for the seating arrangement/rotation in the coach.
- Cancellation due to VISA rejection: All clients travelling with 7M Tours must possess a valid visa, if applicable. However, kindly note that Visa issuance is entirely at the discretion of the concerned Consulate/Authorities to grant/reject visa even after submitting all relevant documents and the company will not be held responsible for the same. The company will not be responsible for non-issuance of the visa due any reason whatsoever.
- Travel Insurance: We highly recommend you purchase a comprehensive Travel insurance in order to protect your trip from any unforeseen cancellations, medical problems during the tour, trip cancellations etc. Disclaimer: We reserve the right to change any information or attractions before or after our booking the tour due to events beyond our control like bad weather, any natural calamity, or any accident. All rates and villas are subject to change without any prior notice. Major road works may necessitate route change in the itineraries. Closure of Indian restaurants or change in the management may cause us to make changes in the itinerary. We will notify you in advance where we know about these changes beforehand, otherwise our tour managers or local representative will inform you of the changes during the tour. We cannot be responsible for any loss or damages, injury, sickness, accident, delay, discomfort, death, increased expenses, which is caused by the act or default of the company, and management or employees of any villas, hotels, airlines, shipping company, coach owner/coach operator who are the company's independent contractors residing outside our normal selection and inspection process. Any claim or complaint by the client must be notified to the company in writing with 7 days after the end of the tour.

